



# A.Y.DADABHAI TECHNICAL INSTITUTE, KOSAMBA

*A REPORT ON SEMINAR*

## **FITNESS INDUSTRY'S PAST PRESENT & FUTUTRE**

*On*

*19/05/2022*



## **REPORT**

Today on 19/05/2022 a seminar on fitness industry's past present & future was organized at A.Y.Dadabhai technical institute Kosamba. In this program total 100 students & 5 faculty members were participated. Expert profile & details given below.

- . Forum Mam

CEO Founder og FGIIT

She finished her masters in commerce field. She is 4dan Taekwando black belt holder and worked as international referee since last 10 years. Done many women safety seminar with Gujarat government. She is sardar patel national award winner in 2017-18 for Taekwando.

- Gautam sir

CEO Founder of FGIIT

He finished his education in engineering field and he has done many certification in ACSM, ISSA & VLCC in the field of health and fitness.he is working since last 8 year and he had awarded with Mr. Surat abd Mr. Gujarat in 2014

- Chirag Sir

He is persuing mechanical engineering and currently worked as Lecturer at FGIIT.

He has achieved 2nd rank in Surat dist power lifting competition in 2019.

- Seminar time - 1 hour

Topic - Fitness Industry's past-present & future

Objective - If you have the slightest bit of passion for health and fitness must join this seminar.

We will be talking about exercises, diets, sports, bodybuilding, power lifting, martial arts, and career guidance.

